HIGH PERFORMANCE PROGRAM
UNDER 14 BOYS DIVISION

We are very excited to share information about the Hockey Nova Scotia High Performance Program.

Hockey Nova Scotia formally established a High-Performance Program in 1996, after the 1995 Canada Games in Grand Prairie, Alberta. The purpose of the High-Performance Program is to identify and prepare young players from Nova Scotia for Hockey Canada National Team opportunities. In the process of doing this, we also want help in the overall development of all young players who are competing at a high-performance level across the province.

The High-Performance Program is a player pathway to:

- The Atlantic Challenge Cup
- The Canada Winter Games Programs for players and staff
- The QMJHL Challenge Events at U16 level
- The Hockey Canada National Under 17 Program

The current structure of the High Performance Program at the Under 14 Level is:

- Identification Camp (RBC Centre, Dartmouth) May 8-10
- Summer Development and Evaluation Camp (St FX University, Antigonish) July 16-19
- Summer Development Camp Final Team August 14-16 Tentative Date (new event)
- Atlantic Challenge Cup (Moncton, NB) October 9-11

The High-Performance Program, while focused on preparing and identifying the very best players in our province for future national program opportunities, offers a strong commitment to player development. The program will concentrate on exposing players to high level training programs including a focus on skill development, off-ice training and conditioning, and class sessions on many topics relevant to aspiring hockey players. The Under 14 Program will also provide Hockey Nova Scotia the foundation for those players who will eventually be selected to go on in the High-Performance Program to higher divisions.

Eligibility: BOYS U13 AAA aged players born in 2013 (2nd Year U13 AAA)
Registration is limited. Ice time and staffing capacity limits registration

NOTE: 2013 BOYS U13 AA players may be considered if room is available.

Location: RBC CENTRE, DARTMOUTH, NS

Date: May 8-10 / 2026

REGISTRATION

Hockey Nova Scotia makes every effort to include as many players as possible in this program, however it is a program that is intended for players who are participating at the highest levels of play in their respective age division. Priority is given to players playing at the AAA level.

All registrants will initially be placed on a waiting list which will be reviewed daily during regular business hours and players playing at the AAA level will be sent an e-mail directing them to the Hockey Canada Registry to complete their registration. Please check your junk folders as well for this information.

Players at the AA level will not be added until the registration deadline has passed, and only if space is available. AA players may join the wait list at any time. If room is available after the registration deadline, they will receive a registration link from the Hockey Canada Registry inviting them to complete registration. The wait list will also be monitored and players added if injuries or withdrawals from camp occur.

Goalie: **https://page.spordle.com/hns/clinics/1f0f85be-5e9f-6918-a263-02f41b49034d**

Defence: **https://page.spordle.com/hns/clinics/1f0f85c7-25d9-60b2-b8f7-0235bf15a251**

Forward: https://page.spordle.com/hns/clinics/1f0f85cb-5861-6792-b621-06db8c506679

Players must register no later than March 13th at 4pm. **Registration is limited and is typically filled before deadline**. If you are planning to attend, we would urge you not to wait to register. The registration cost for the Spring Camp is $250.00.

Schedules and camp details for the Spring Camp will be posted online on April 30 at Camps | Hockey Nova Scotia. Final Rosters will not be posted until April 30th so that any injury adjustments can be made with any injuries to ensure teams have similar amount of players on each roster. All players should be prepared to arrive at the RBC Centre for 11:00am on Friday, the first day of the camp.

Refunds will only be available should a player become injured and be unable to attend at the time of the camp. If a player becomes injured and cannot attend, requests for refunds must be accompanied with a written medical certificate from your family doctor specifying the reasons why the player should not attend. **Refunds without a medical form will not be considered as camps are designed with a certain amount of ice time allotted to that group of players in a certain format**. In the case of all refunds, a $25.00 administration fee will be levied. All such requests must be forwarded to dsutherland@hockeynovascotia.ca

Upon the completion of the Hockey Nova Scotia High Performance Program Spring Camp evaluations, players will be selected to attend the Summer Development Camp. ***Players selected to attend the summer camp will be announced at www.hockeynovacotia.ca on Wednesday May 13 at 4pm.***

At the conclusion of the summer camp, Hockey Nova Scotia will select twenty players to represent Nova Scotia at the Atlantic Challenge Cup in Moncton, New Brunswick. For more information please visit our website at What to Expect | Hockey Nova Scotia